

# Girl Talk

A NEW GROUP FOR GIRLS AGES 13-17

Topics Include: Emotion Regulation, Forming Healthy Relationships, Improving Body Image and Self-Confidence, and Fostering Positive Self-Worth

When: Tuesdays from 4:15-5:45pm

How Long: 10 weeks from 9/11/18-11/13/18

Where: Agape Counseling Associates

3806 Peachtree Ave., Suite 210

Wilmington, NC 28403

(910) 251-7789

Co-Facilitated by Licensed Counselors Lauren Hill and Wendy Laursen